

Lead First Aider – Charlie Ford (+44 7447 420169)

Lead Safety Officer – Matt Lord (+44 7730 002121)

Lead Welfare Officer – Kayte Parlevliet (+44 7703 828309)

Lead Organising Committee – Kayte Parlevliet (+44 7703 828309)

First Aid provision – to be finalised & expected to be via up to 4 safety launches and each club having a first aid provision (e.g. via their qualified Junior Coaches).

First Aid locations

- Water Sports Centre (WSC) Medical Room (also includes AED)
- Agecroft RC office
- Agecroft RC boathouse
- Every safety launch

In addition to first aid kits each safety launch Marshals and Umpires will have radios, loudhailers, throw lines available. Launches will also have a standard rowSAFE launch kit, including foil blankets.

Should an AED be required, the radios should be used to contact the medical officer. AED will be located at the club (in the entrance to Water Sports Centre).

Safety Information

The following documentation will be sent and made available on the web before the Head. It is the responsibility of all participating clubs to make sure their crews are made aware of the content:

- How to get to Agecroft Rowing Club
- Circulation Pattern on and off water
- Safety Plan
- Course Map
- All information is available on line on the NW rowing council web site
<https://www.nwrowing.com/nwjtt>
- A safety briefing video is available online at
<https://youtu.be/cGoUx45WxIE> and must be viewed by all single sculls, coxes and steerers. This video shows how to boat for each division and advises all of the hazards on the course. However this video is for the full Agecroft Head and should be watched remembering that for the NWJTT the race will START at “the Black Footbridge” and finish at “the Metro line bridge” so please view the video knowing the START and FINISH lines are

MEDICAL PLAN

in a different position – please see the course map.

***** Competitor instructions highlights that Coaches have “ responsibility to ensure your competitors have watched this video” *****

Copies of the Safety & Welfare Documentation will be available to view at Registration. The Safety and Welfare advisors will be available to discuss any matters arising

Communication

All marshals & umpires will be equipped with radios and mobile phones and will use the radio protocol in the event of an emergency. In the event of radio failure, mobile phones will be used.

Accident and Emergency Procedures

The Water Sports Centre (WSC) has **Defibrillation equipment** (AED device).

The competition will provide a ‘lead first aider’ – stationed at the boathouse - available on the radio with a call for “medic”. *** Coaches, please bring your own first-aid kit to support your athlete(s) ***; should coaches be missing kit equipment or need support they are asked to contact any official with radio to call the “medic” (First aid lead).

Fire

Fire Alarm ‘Break glasses’ are located throughout the building and at all exits/doors to both the Agecroft RC and WSC. Alarm will sound. Everyone must vacate the building and return to their trailer and wait until a roll call from your club officials and remain there until dismissed by event safety advisor.

MEDICAL PLAN

Emergency Services

The nearest A&E unit is at the following location:

Salford Royal Hospital

Stott Lane, Salford M6 8HD

It will take about 8 minutes to reach.

Any Emergency Services called will be asked to attend Salford Water Sports Centre, 15 The Quays

OS Grid Reference: 53.470969, -2.2912177

Postcode: M50 3SQ.

What 3 Words: Gift.Leave.Bright

A person, assigned by Matt Lord, Charlie Ford, or Kayte Parlevliet,, will meet and direct them to the Emergency.

If you do not have a mobile phone ask the nearest person to ring for an ambulance.

Emergency mobile telephones are also held at Salford Watersports centre and Registration.

Useful Numbers

Emergency Services: 999 (or 112 from Mobile)

Local Police 0161 872 5050
(non emergency)

Accident & Emergency 0161 789 7373 option 1
(Salford Royal Hospital)

Docks Emergency Number 0151 327 4638
(Peel Ports - Eastham)

Incident Reporting

All incidents will be reported to race control, including minor issues and near misses.

Risk Assessment

Please see the competition risk assessment

Public Liability Insurance

The event has public liability insurance.