

1. Emergency Action Plans

All life-threatening incidents must be announced MayDay MayDay Mayday and then the incident description.

This is a call to action and radio silence for those not directly involved.

Race Control will coordinate the rescue and stop the race.

- a) **Accidents on the water.** In the event of a competitor being injured, capsizing, or becoming ill whilst rowing, the quickest means of rescue and access to the emergency services will be achieved by safety launch. There will be four launches positioned along the course, and one in reserve at the landing stage. The Emergency Extraction Points are at the finish and landing stage, which will be cleared by the Stage Marshals.

- b) **Emergencies.** In an emergency, the safety launches will have priority over all other traffic.

In the event of an athlete being incapacitated while on the water and needing CPR and shock treatment from an AED. The first responder shall call 999 for the ambulance service. The athlete should be promptly moved to the nearest surface, such as the river bank and deep CPR applied promptly. A mobilised AED should attend the incident as safely and quickly as possible, following the AED and Ambulance Service guidelines.

Race Control will confirm the responder has called 999 and receiving guidance via the radio. Then coordinate the extraction with the ambulance service.

Once recovered the casualty should be kept warm and taken to the Emergency Extraction Point, ideally in the recovery position.

The casualty should be made comfortable while waiting for an ambulance.

A victims chance of survival reduces by 7-10% for every minute the AED is delayed. If it's not time to ground the casualty without placing their chances of recovery and life at risk. CPR and Shock Recovery should be applied in the boat as a last resort.

- c) **Evacuation Procedure.** In the event of the boathouse area being evacuated due to fire or other major incident, all competitors, spectators, and members will make way to the Assembly Point under the direction of Club members. The Safety Advisor or Senior Committee Member will give clearance once it is safe to do so. NW Rowing members will ensure the access road is clear for emergency vehicles and guide them to the site. Crews on the water will proceed downstream to the clubhouse to disembark at the landing stage unless instructed to do otherwise.
- d) **Accidents on land.** Most competitors and supporters congregate around the landing stage and clubhouse area. This area will be monitored by the Stage Marshals. Any further help can be summoned via Race Control. Spectators can view the finish of the race from the Runcorn Bank, but Race Officials or the Organising Committee will not be able to aid during racing (Section 1, Para 2 refers).
- e) **Accidents in the Start Marshalling Area.** In the event of an incident all recovery is to be made using safety launches.

2. Safety Launches

- a) All safety launch crew members and passengers will wear Lifejackets or Buoyancy Aids.
- b) The launch drivers will hold a minimum of RYA Level II Certificate and a complete rescue kit, in accordance with British Rowing 'Row Safe' guidance.
- c) There will be five launches. All launches will be in contact with each other, Umpires and Race Control.
- d) Launch drivers shall ensure that competitors are not put at risk by their actions. In the event of an emergency on the river, launches have right of way over all other traffic, including the race in progress. If a race is in progress the competitors shall be warned using an audible sound, to give them chance to provide clear passage to the safety launch.
- e) Launches should be prepared and alert with engines running during the competition. This is to facilitate a timely rescue in the event of capsizing.
- f) All safety launches will be equipped with a radio, first aid kit, thermal blankets, throw lines/bags, and a bailer.
- g) The launches will carry out the following duties:
 - Patrol river prior to racing to clear debris and look out for unforeseen hazards.
 - Warn officials and crews of any dangers that arise before or during the race.
 - Carry out rescue in the case of competitors getting into difficulty.

3. Marshals

- a) Stage Marshals will be on duty to control the embarkation and landing of competitors boats. They will also carry out a safety inspection of the equipment of embarking crews, **looking at:**
 - heel restraints,
 - bow balls,
 - buoyancy compartments,
 - canvasses,
 - rudder lines,
 - general fixings and
 - adequacy of warm clothing
- a) Boats that are unsafe or improperly equipped will not be allowed to race. Stage marshals will also ensure that all coxes are wearing lifejackets or buoyancy aids.
- b) Race Marshals/Monitors, with radios will be positioned to provide line-of-sight coverage along the course (see plan). Prior to racing the race marshals will assess the condition of the course and advise race control of any unsuitable racing conditions. Any deterioration in the weather or stream conditions during the race will also be reported.

Emergency Telephone Numbers

Chair of Organising Committee (Stuart Murray)	07907 901760
Head Safety Advisor (TBC) Chair of Race Committee (Paul Jackson) Medical Officer (Helen Gillies)	contact via Race Control or Safety Advisor
Welfare Advisor (Val Edwards)	07746 739562 (also contactable via Race Control or Safety Advisor, or email NWrowing.welfare@outlook.com if you do not need a response on race day)

(All the above will have radio contact with race marshals and officials)

EMERGENCY SERVICES

FIRE

AMBULANCE

POLICE

999 or 112

Police - Non-emergency

101

Warrington General Hospital (WGH)
Lovely Lane, Warrington

01925 635911

United Utilities (water supply)

0845 746 2200

Scottish Power – Manweb (electricity)

0845 272 24 24

Environmental Agency (river pollution)

0800 80 70 60 (24hr)

INOVYN

01928 561111

Canal and River Trust - Floodline

<https://canalrivertrust.org.uk/enjoy-the-waterways/boating/go-boating/planning-your-boat-trip/water-level-and-strong-stream-warnings>